



the friendly face of tennis

Adult Teams in External Leagues

LGLTC enter a number of different leagues throughout the year.

In the **summer** we enter the following **weekend** leagues:

- National Cup – 1 ladies' and 1 men's team, a knockout competition, 2 pairs each playing 2 sets against each pair.
- Team Tennis – 1 ladies' and 1 men's team - 4 players, each playing 1 best-of-3-sets singles rubber, 3rd set being a championship tie break, and 1 best-of-3-sets doubles rubber, 3rd set being a championship tie break.
- Herts Doubles League - 4 ladies' and 3 men's teams - 6 players (3 pairs) each playing a best-of-3-sets rubber against their equivalent pair, 3rd set being a championship tie break, and a single-set rubber against the other two pairs.
- Hot Rackets Doubles League - 3 ladies' and 3 men's teams - 4 players (2 pairs) each playing 2 best-of-2-sets doubles rubbers.

In the **summer** we also enter the following **midweek** leagues:

- Watford & District – 2 ladies', 3 men's and 3 mixed teams - 6 players (3 pairs) each playing 3 single-set rubbers.

During the **winter** we enter a number of **weekends** Vets doubles leagues:

- Herts Doubles Vets League – 2 Ladies' Over 40s, 2 Ladies over 50s, 2 Men's over 45s and 2 Men's over 55s - 4 players (2 pairs) each playing 2 doubles rubbers of 2 sets each.

The objectives and captains for each of these teams are displayed on the PC notice board and published on the website.

Selection for these squads is made by the Ladies' and Men's Captains with input from the coaching team as required by the captains. Identification of potential players is made through internal competitions (boxes, club closed etc), coaching and ladies' and men's drills.

If any member would like more information regarding teams and team selection please ask any of the Playing Committee, contact details can be found on the PC notice board.