

# **LGLTC EXTERNAL COMPETITIONS WINTER 2022/23**

## **Ladies' Over 40s**

A Team, Division 2B  
Captain: Kalpana Patel  
Objective: Stay in division

B Team, Division 4B  
Captain: Fiona Baker  
Objective: Stay in division

## **Ladies' Over 50s**

A Team, Division 2B  
Captain: Tracey Woof  
Objective: Stay in division

B Team, Division 4B  
Captain: Caroline Nickalls  
Objective: Stay in division

## **Men's Over 45s**

1<sup>st</sup> Team, Championship Division  
Captain: Mick Hooker  
Objective: Stay to win

2<sup>nd</sup> Team, Championship Division  
Captain: Terry Nightingale  
Objective: Stay in division

3<sup>rd</sup> Team, Division 3A  
Captain: Gavin Beale  
Objective: Stay in division and rotate players

## **Men's Over 55s**

1<sup>st</sup> Team, Division 2B  
Captain: Clive Bedwell  
Objective: Top gain promotion

2<sup>nd</sup> Team, Division 2A  
Captain: Jon Stonestreet  
Objective: Stay in division